

## **Registration Open for Cantigny 5K Run/Walk Set on November 5**

*Race proceeds benefit Midwest Shelter for Homeless Veterans in Wheaton*

**WHEATON, IL, October 5, 2011** — Cantigny Park, part of the Robert R. McCormick Foundations, invites runners and walkers of all ages to enter the Cantigny 5K Run/Walk on Saturday, November 5, at 9 am. The event is held annually in association with Veterans Day (November 11).

Net proceeds from the race will benefit the [Midwest Shelter for Homeless Veterans](#), a transitional living facility in Wheaton that provides assistance to U.S. veterans in need, including skills for independent living.

Race registration is limited to the first 900 entries. Full registration has been achieved each year since the first Cantigny 5K in 2004.

The event's popularity begins with the scenic course, which highlights key features throughout the 500-acre Cantigny estate. Runners and walkers start and finish at the park's Visitor Center. During the route they pass the First Division Museum, Robert R. McCormick Museum and formal gardens. A portion of the route covers rolling hills on Cantigny's 27-hole golf course. The entire course is on a blacktop surface.

The Cantigny 5K is chip timed. Results will include finish time, pace, overall finish position, age and division place. Entry fee is \$25 and includes a long-sleeve tech running shirt. A Youth Run (1 mile and chip timed) is offered for ages 6 to 10, and a Tot Run (1/4 mile) is open to children ages 1 to 5. Registration for the youth and tot divisions is \$10. Kids also receive a running shirt.

Race registration is available online at [signmeup.com/75571](http://signmeup.com/75571). Runners may also download a registration form at [Cantigny.org](http://Cantigny.org) and mail their entry. Postmark deadline for mailed entries is October 14. Registration will be available until the limit is reached or 4 pm on November 3, whichever comes first. There will be no race day registration.

Questions about the Cantigny 5K may be directed to Brian Gray at [bgray@cantigny.org](mailto:bgray@cantigny.org) or 630.260.8167.

More about the Midwest Shelter for Homeless Veterans is at [helpaveteran.org](http://helpaveteran.org).

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### **About Cantigny Park**

Cantigny Park, part of the Chicago-based Robert R. McCormick Foundations, is the 500-acre Wheaton estate of Robert R. McCormick. It is home to the McCormick Museum, First Division Museum, formal gardens, picnic grounds, walking trails and a Visitor Center with banquet and dining facilities. More information, including hours, directions and upcoming events is online at [Cantigny.org](http://Cantigny.org). Cantigny Golf, adjacent to the park, features a 27-hole championship golf course, full-service clubhouse, Cantigny

Golf Academy and the 9-hole Cantigny Youth Links. For more information, visit [CantignyGolf.com](http://CantignyGolf.com).

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