

Carol Stream's Timothy Henry Wins Cantigny 5K Run/Walk

Race proceeds to benefit Midwest Shelter for Homeless Veterans in Wheaton

WHEATON, IL, November 5, 2011 — With a blazing mile pace of 5 minutes and 15 seconds, Timothy Henry of Carol Stream captured first place at today's Cantigny 5K with a chip time of 16 minutes and 18 seconds (16:18.85). The 27-year-old was among 900 runners and walkers at Cantigny Park for the 8th annual event.

Second place overall went to Wheaton resident Mike Ruggio, age 49. Third place belonged to Carlos Viramontes, 47, from Tinley Park.

The top female runner with a chip time of 20:24.70 was Bridget Carlson, age 50, from Aurora. Second and third, respectively, went to Lindsay Graham (12, Lombard) and Larissa Greenfield (37, Mundelein).

Wheaton resident Jack James, age 10, was tops among 40 entrants in the one-mile Cantigny Youth Run with a time of 6 minutes and 3 seconds. James also placed first in the 2010 race. Second and third, respectively, went to Ian Smith (10, Wheaton) and Samantha Poglitsch (9, Wheaton). The Youth Run was open to ages 6 to 10.

Complete race results will be posted today on the [Mattoon Multisport website](#).

The Cantigny 5K Run/Walk is held annually in association with Veterans Day (Nov.11). Net proceeds from the race benefit the [Midwest Shelter for Homeless Veterans](#) in Wheaton. A check will be presented to the shelter this Friday evening as part of Cantigny Park's Veterans Day commemoration.

General Motors was the title sponsor of this year's Cantigny 5K. The company loaned multiple vehicles to event organizers to support the transfer of race day materials, food and beverages. In addition, GM's Driving the Midwest team was on site to recognize local veterans and generate nominations for local, everyday community heroes through its [Our Town, Our Heroes](#) program.

Illinois residents can log on to [DrivingtheMidwest.com](#) for more information and to nominate someone who inspires them by making a difference in their community. Finalists are chosen every two weeks, and the public can vote online for their favorite hero. The hero who receives the most votes, and the person who nominated him or her, will each receive a one-week vehicle loan of an all-new Chevrolet, Buick, GMC or Cadillac vehicle and a full tank of gas.

Next year's Cantigny 5K Run/Walk will take place November 3, 2012. Online registration begins in April at [SignMeUp.com](#).

About Cantigny Park

Cantigny Park, part of the Chicago-based Robert R. McCormick Foundation, is the 500-acre Wheaton estate of Robert R. McCormick. It is home to the McCormick Museum, First Division Museum, formal gardens, picnic grounds, walking trails and a Visitors Center with banquet and dining facilities. More information, including hours, directions and upcoming events is online at Cantigny.org. Cantigny Golf, adjacent to the park, features a 27-hole championship golf course, full-service clubhouse, Cantigny Golf Academy and the 9-hole Cantigny Youth Links. For more information, visit CantignyGolf.com.

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