



Cantigny 5K Proceeds Given to Midwest Shelter for Homeless Veterans

WHEATON, IL, November 12, 2010 — Cantigny Park, part of the McCormick Foundation, last night awarded a check for \$7,300 to the Midwest Shelter for Homeless Veterans (MSHV) in Wheaton. The donation, presented during the park's Veterans Day observance, represents net proceeds from the 7th Annual Cantigny 5K Run/Walk, held last Saturday.

"On behalf of all race participants, we're very pleased to make this contribution," said Matt LaFond, Cantigny Park executive director. "The Midwest Shelter for Homeless Veterans is doing important work in our community and deserves our support."

The Cantigny 5K field was limited to 800 and all spots were filled. Many of the runners and walkers added donations on top of the entry fee. This year's check for the shelter was \$300 higher than the 2009 amount.

Bob Adams, MSHV co-founder, accepted the check, which was added to funds raised by Cantigny Post 556 of the American Legion, based at Cantigny's First Division Museum. Post 556 collected and donated more than \$5,000 to MSHV in 2010, not including in-kind contributions. With \$2,500 in McCormick Foundation matching funds, Cantigny generated more than \$15,000 in cash for the shelter in 2010.

MSHV is located at 119 N. West Street in Wheaton. The shelter is a transitional housing program that provides counseling, access to health care, and education and job-training services to U.S. veterans of any era. Its mission is to help veterans out of homelessness and back to leading useful, productive lives. To learn more, visit the shelter's website at helpaveteran.org.

Next year's Cantigny 5K Run/Walk will be November 5, 2011. Online registration begins in April at SignMeUp.com.

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About Cantigny

Cantigny, part of the Chicago-based McCormick Foundation, is the 500-acre Wheaton (Illinois) estate of Robert R. McCormick, longtime editor and publisher of the *Chicago Tribune*. Cantigny Park is home to the McCormick Museum, First Division Museum, formal gardens, picnic grounds, walking trails and a Visitors Center with banquet and dining facilities. More information, including hours, directions and upcoming events is online at Cantigny.org. Cantigny Golf, adjacent to the park, features a 27-hole championship golf course, full-service clubhouse, Cantigny Golf Academy and the 9-hole Cantigny Youth Links. For more information, visit CantignyGolf.com.

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